VIDAS® FSH (FSH)



The VIDAS® Follicle Stimulating Hormone (FSH) assay is intended for use on the instruments of the VIDAS family (VITEK® ImmunoDiagnostic Assay System) as an automated quantitative enzyme-linked fluorescent immunoassay (ELFA) for the determination of human follicle stimulating hormone (FSH) concentration in human serum or plasma (heparin). It is intended for use as an aid in the diagnosis of pituitary gland and gonadal disorders.

SUMMARY AND EXPLANATION OF THE TEST

Follicle-Stimulating Hormone (FSH), or follitropin, is a glycoprotein with a molecular weight of about 30,000 daltons. FSH is composed of alpha and beta subunits. The alpha subunit is very similar to that of LH, TSH, and hCG. The beta subunit determines the specific biological and immunological properties of the hormone.

FSH is secreted in a pulsatile manner by the anterior pituitary, controlled by the hypothalamus. FSH stimulates production of inhibin, which in turn controls FSH production through a negative feedback mechanism.

In women with normal menstrual cycles, FSH in synergy with LH stimulates the development of the ovarian follicles, increasing their steroid production and determining ovulation. During menopause ovarian function ceases, leading to an increase in serum FSH levels due to removal of the negative feedback mechanism.

In men, FSH acts upon the seminiferous tubules. Its action on the Sertoli cells stimulates the production of Androgen Binding Protein (ABP) and inhibin.

The measurement of FSH, sometimes in conjunction with that of LH, is a major parameter to examine the function of reproduction. In men or in amenorrheic women, high rates are a sign of primary hypogonadism, and low rates indicate secondary hypogonadism.

PRINCIPLE OF THE PROCEDURE

The VIDAS® Follicle Stimulating Hormone (FSH) assay is an enzyme-linked fluorescent immunoassay (ELFA) that is performed in an automated instrument. All assay steps and assay temperature are controlled by the instrument. A pipette tip-like disposable device, the Solid Phase Receptacle (SPR), serves as a solid phase for the assay as well as a pipetting device. The SPR® is coated at the time of manufacture with mouse monoclonal anti-FSH antibodies. The VIDAS FSH (FSH) assay configuration prevents nonspecific reactions with the SPR. Reagents for the assay are located in the sealed Reagent Strips. The sample is transferred into the well containing anti-FSH antibody conjugated with alkaline phosphatase. The sample/conjugate mixture is cycled in and out of the SPR and the FSH will bind to antibodies coated on the SPR and to the conjugate forming a "sandwich". Wash steps remove unbound conjugate.

A fluorescent substrate, 4-methylumbelliferyl phosphate, is cycled through the SPR. Enzyme remaining on the SPR wall will catalyze the conversion of the substrate to the fluorescent product 4-methylumbelliferone. The intensity of fluorescence is measured by the optical scanner in the instrument; it is proportional to the FSH concentration present in the sample.

When the VIDAS FSH (FSH) assay is completed, the results are analyzed automatically by the instrument, and a report is printed for each sample.

KIT COMPOSITION (60 TESTS):

60 FSH Reagent Strips	STR	Ready-to-use.
60 FSH SPRs (2 x 30)	SPR [®]	Ready-to-use. SPRs coated with mouse monoclonal anti-FSH antibodies.
FSH Control (lyophilized) (1 x 3 ml)	C1	Reconstitute with 3 ml of distilled water. Wait 5 to 10 minutes. Mix. Stable after reconstitution for 14 days at 2-8°C or until expiration date on kit at - 25 \pm 6°C. Five freeze/thaw cycles are possible. Human serum* with human FSH and preservatives. MLE data indicate the confidence interval in mIU/mL (milli-international units per milliliter) ("Control C1 Dose Value Range").
FSH Calibrator (lyophilized) (3 x 2 ml)	S1	Reconstitute with 2 ml of distilled water. Wait 5 to 10 minutes. Mix. Stable after reconstitution for 14 days at 2-8°C or until expiration date on kit at - 25 \pm 6°C. Five freeze/thaw cycles are possible. Bovine serum with human FSH and preservatives. MLE data indicate the concentration in mIU/mL (2nd IRP 78/549) ("Calibrator (S1) Dose Value") and the confidence interval in "Relative Fluorescence Value ("Calibrator (S1) RFV Range).
FSH Diluent (liquid) (1 x 3 ml)	R1	Ready-to-use. Bovine serum with 1 g/L sodium azide.

Specifications for the factory master data required to calibrate the test:

- MLE data (Master Lot Entry) provided in the kit,
- MLE bar codes printed on the box label.
- 1 Package Insert provided in the kit or downloadable from www.biomerieux.com/techlib.

^{*} This product has been tested and shown to be negative for HBs antigen, and antibodies to HIV1, HIV2 and HCV. However, since no existing test method can totally guarantee their absence, this product must be treated as potentially infectious. Therefore, usual safety procedures should be observed when handling.

The SPR®

The interior of the SPR is coated during production with mouse monoclonal anti-FSH immunoglobulins. Each SPR is identified by the "FSH" code. Only remove the required number of SPRs from the pouch and carefully reseal the pouch after opening.

The strip

The strip consists of 10 wells covered with a labeled, foil seal. The label comprises a bar code which mainly indicates the assay code, kit lot number and expiration date. The foil of the first well is perforated to facilitate the introduction of the sample. The last well of each strip is a cuvette in which the fluorometric reading is performed. The wells in the center section of the strip contain the various reagents required for the assay.

Description of the FSH (FSH) Reagent Strip:

Wells	Reagents
1	Sample well
2-3-4-5	Empty wells
6	Conjugate: Mouse monoclonal anti-FSH antibodies conjugated to alkaline phosphatase with 1g/L sodium azide (400 µl).
7-8	Wash buffer: Sodium phosphate (0.01 mol/l, pH 7.4) with chemical stabilizers and 1 g/L sodium azide (600 μ l)
9	Wash buffer: diethanolamine* (1.1 mol/l or 11.5%, pH 9.8) with 1g/L sodium azide (600 μ l)
10	Reading Cuvette with substrate: 4-Methylumbelliferyl phosphate (0.6 mmol/l), with diethanolamine (DEA**) (0.62 mol/l or 6.6%, pH 9.2) + 1 g/L sodium azide (300 µl)

* Signal Word: DANGER





Hazard statement

H318: Causes serious eye damage.

H373: May cause damage to organs through prolonged or repeated exposure.

H315 : Causes skin irritation. H302 : Harmful if swallowed.

Precautionary statement

P280 :Wear protective gloves/protective clothing/eye protection/face protection.

P305 + P351 + P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.

P309 + P311 : IF exposed or if you feel unwell: Call a POISON CENTER or doctor/physician.

** Signal Word: DANGER



Hazard statement

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P305 + P351 + P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.

For further information, refer to the Safety Data Sheet.

MATERIALS REQUIRED BUT NOT PROVIDED

- Pipette with disposable tips which will dispense 2 ml, 3 ml and 200 $\mu l.$
- Powderless disposable gloves.
- For other specific materials, please refer to the Instrument Operator's Manual.
- Instrument of the VIDAS family.

WARNINGS AND PRECAUTIONS

For *In Vitro* Diagnostic Use. For professional use only.

- This kit contains products of human origin. No known analysis method can totally guarantee the absence of transmissible pathogenic agents. It is therefore recommended that these products be treated as potentially infectious and handled observing the usual safety precautions (see Laboratory biosafety manual WHO Geneva latest edition)
- This kit contains products of animal origin. Certified knowledge of the origin and/or sanitary state of the animals does not totally guarantee the absence of transmissible pathogenic agents. It is therefore recommended that these products be treated as potentially infectious and handled observing the usual safety precautions (do not ingest or inhale).
- Consider all patient specimens potentially infectious and observe routine biosafety precautions. Dispose of all used components and other contaminated materials by acceptable procedures for potentially biohazardous human blood products.
- Do not mix reagents or disposables from different lots.
- Powderless gloves are recommended as powder has been reported as a cause of false results in some enzyme immunoassays.
- Kit reagents contain 1 g/L sodium azide which could react with lead or copper plumbing to form explosive metal azides. If any liquid containing sodium azide is disposed of in the plumbing system, drains should be flushed with water to avoid build-up.
- The wash buffer (well 9) contains a harmful agent (11.5% diethanolamine). Refer to the hazard statements "H" and the precautionary statements "P" above.
- The substrate (well 10) contains an irritant agent (6.6% diethanolamine). Refer to the hazard statements "H" and the precautionary statements "P" above.
- Spills should be wiped up thoroughly after treatment with liquid detergent and a solution of household bleach containing at least 0.5 % sodium hypochlorite to inactivate infectious agents. See the Operator's Manual for cleaning spills on or in the Instrument. Do not place solutions containing bleach in the autoclave.
- The instrument should be routinely cleaned and decontaminated. See the Operator's Manual for the appropriate procedures.

STORAGE AND HANDLING

- Store the VIDAS® FSH (FSH) kit at 2-8°C.
- Do not freeze SPRs and strips.
- Store all unused reagents at 2-8°C.
- After opening the kit, check that the SPR pouch is correctly sealed and undamaged. If not, do not use the SPRs.
- Carefully reseal the pouch with the desiccant inside after use to maintain stability of the SPRs and return the complete kit to 2-8°C.
- If stored according to the recommended conditions, all components are stable until the expiration date indicated on the label.

SPECIMEN COLLECTION AND PREPARATION

Acceptable specimens include serum or plasma (with heparin anticoagulant). Do not use serum collected with EDTA. The use of heat-inactivated sera has not been established for this test - do not heat sera. Samples can be stored at 2-8°C in stoppered tubes for up to 2 days. If longer storage is required, freeze the sera or plasma at - $25\pm6^{\circ}\text{C}$ for up to 30 days. Avoid repeated cycles of freezing and thawing. If necessary, clarify samples by centrifugation.

INSTRUCTIONS FOR USE

For complete instructions, see the User's Manual.

Reading Master lot data

Before each new lot of reagents is used, enter the specifications (or factory master data) into the instrument using the master lot entry (MLE) data.

If this operation is not performed **before initiating the tests**, the instrument will not be able to print results.

Note: the master lot data need only be entered once for each lot.

It is possible to enter MLE data **manually or automatically** depending on the instrument (refer to the User's Manual).

Calibration

Calibration, using the calibrator provided in the kit, must be performed each time a new lot of reagents is opened, after the master lot data have been entered. Calibration should then be performed every 14 days. This operation provides instrument-specific calibration curves and compensates for possible minor variations in assay signal throughout the shelf-life of the kit. A control must be tested after each calibration.

The calibrator, identified by S1, must be tested **in duplicate** (see Operator's Manual). The calibration value must be within the set RFV (Relative Fluorescence Value). If this is not the case, recalibrate.

Assay Procedure

- 1. Remove necessary components from the kit and return all unused components to storage at 2-8°C.
- 2. Allow components to reach room temperature (approximately 30 minutes).
- Use one "FSH" strip and one "FSH" SPR for each sample, control or calibrator to be tested. Make sure the storage pouch has been carefully resealed after the required SPRs have been removed.
- 4. The test is identified by the "FSH" code on the instrument. The calibrator must be identified by "S1" and tested in duplicate. If the control is to be tested, it should be identified by "C1".
- 5. If needed, label the "FSH" Reagent Strips with the appropriate sample identification numbers.
- Mix the calibrator, control, and sample using a vortextype mixer (for serum or plasma separated from the pellet).
- 7. For this test, the calibrator, control, and sample test portion is 200 μl.
- 8. Insert the "FSH" Reagent Strips and SPRs into the appropriate position on the instrument. Check to make sure the color labels with the assay code on the SPRs and the Reagent Strips match.

- 9. Initiate the assay processing as directed in the Operator's Manual. All the assay steps are performed automatically by the instrument.
- 10. Reclose the vials and return them to the required temperature after pipetting
- 11. The assay will be completed in approximately 40 minutes. After the assay is completed, remove the SPRs and strips from the instrument.
- 12. Dispose of the used SPRs and strips into an appropriate recipient.

QUALITY CONTROL

A control is included in each VIDAS FSH (FSH) kit.

This control must be performed immediately after opening a new kit to ensure that reagent performance has not been altered. Each calibration must also be checked using this control.

The instrument will only be able to check the control value if it is identified by C1.

Results cannot be validated if the control value deviates from the expected values.

Note

It is the responsibility of the user to perform Quality Control in accordance with any local applicable regulations.

RESULTS AND INTERPRETATION

Two instrument readings for fluorescence in the Reagent Strip's reading cuvette are taken for each specimen tested. The first reading is a background reading of the cuvette and substrate before the SPR® is introduced into the substrate. The second reading is taken after the substrate has been exposed to the enzyme conjugate remaining on the interior of the SPR. The background reading is subtracted from the final reading to give a Relative Fluorescence Value (RFV) for the test result. Samples with results greater than 110 mIU/ml must be diluted 1/2 (1 volume of sample and 1 volume of diluent) or 1/4 (1 volume of sample and 3 volumes of diluent) in diluent. If the dilution factor has not been entered when the analysis has been requested (see Operator's Manual), multiply the result by the dilution factor to obtain the FSH sample concentration.

A report is printed which records:

- the type of test performed,
- the sample identification,
- the date and time.
- the lot number and the expiration date of the reagent kit being used,
- each sample's RFV and FSH concentration.

PERFORMANCE DATA

Immunological Specificity

The cross-reactivity percentage is the ratio between the compound concentration to be tested and the FSH concentration to be tested for a signal of 500 RFV. No cross-reactivity in the VIDAS FSH (FSH) assay was observed with the substances tested.

Tested compound	Cross- reactivity percentage
FSH	
(SCRIPPS ref. F0612-lot 727991)	100
LH	
(SCRIPPS ref. L0815 lot 399711)	0.10
TSH	
(SCRIPPS ref. T0115-lot 148911)	0.10
hCG free alpha subunit	
(SCRIPPS ref. C0814-lot 255091)	0.01
hCG	
(SCRIPPS ref. C0714-lot 210164)	0.01

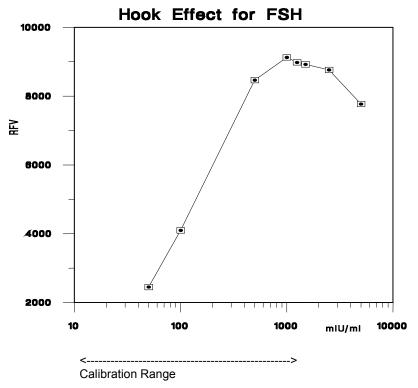
Immunological interference was tested by adding 250,000 mIU/ml of hCG or 10,000 mIU/ml of LH to a sample containing 86 mIU/ml of FSH. No interference was seen with either of the compounds tested.

Detection limit

The detection limit (assay sensitivity) is defined as the lowest concentration that can be distinguished from zero with 95 % probability. The detection limit for the VIDAS FSH (FSH) assay is 0.1 mIU/ml.

Hook Effect

The Hook effect was performed using FSH solutions whose respective concentrations were from 50 to 5000 mIU/ml. No Hook effect was seen up to 1000 mIU/ml.



PRECISION/REPRODUCIBILITY

Intra-assay reproducibility:

Five samples were tested for intra-assay precision. Thirty replicates of each sample were tested in the same run.

Sample	1	2	3	4	5
Mean concentration (mIU/mI)	4.0	10.5	53.5	82.0	91.0
% CV	4.9	3.4	3.6	4.3	4.7

Inter-assay reproducibility on the same instrument:

Five samples were tested in singlet on the same instrument over a 9 week-period (recalibration was performed every 14 days as described in the Operator's Manual).

Sample	1	2	3	4	5
Mean concentration (mIU/mI)	4.9	10.8	55.0	86.0	101.0
% CV	3.5	3.9	4.8	5.5	5.9

Inter-instrument and inter-assay reproducibility

Five samples were tested in singlet in seven runs on different instruments.

Sample	1	2	3	4	5
Mean concentration (mIU/mI)	4.9	10.9	54.3	85.6	97.0
% CV	3.1	5.0	4.0	4.0	5.2

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PARALLALISM (Dilution tests):

Three samples were diluted in FSH diluent and tested in singlet in 3 runs.

Sample	Dilution factor	Expected mean concentration (mIU/mI)	Measured mean concentration (mIU/mI)	Mean recovery percentage
	1/1	52.6	52.6	100.0
	1/2	26.3	25.0	95.0
1	1/4	13.1	12.1	92.0
	1/8	6.6	6.3	95.0
	1/16	3.3	3.2	98.0
	1/32	1.6	1.7	102.0
	1/1	83.0	83.0	100.0
	1/2	41.5	39.6	95.0
2	1/4	20.8	20.0	96.0
	1/8	10.4	9.8	95.0
	1/16	5.2	5.0	96.0
	1/32	2.6	2.7	103.0
	1/1	95.0	95.0	100.0
	1/2	47.5	45.0	95.0
3	1/4	23.7	23.6	100.0
	1/8	11.9	11.1	93.0
	1/16	5.9	5.7	96.0
	1/32	3.0	3.1	104.0

RECOVERY TESTS

Three samples were spiked with known quantities of FSH (mIU/ml, 2nd IRP 78/549) and tested in singlet in three instrument runs. The measured mean concentration compared to the expected mean concentration is shown below.

Sample	Amount spiked (mIU/mI)	Expected mean concentration (mIU/mI)	Measured mean concentration (mIU/mI)	Mean recovery percentage
	0	7.9	7.9	100.0
	2.5	10.4	10.4	100.0
1	5.0	12.9	13.0	101.0
	12.5	20.4	20.0	98.0
	25.0	32.9	33.4	101.0
	50.0	57.9	58.9	102.0
	0	30.7	30.7	100.0
	2.5	33.2	32.2	97.0
2	5.0	35.7	35.2	99.0
	12.5	43.2	41.6	96.0
	25.0	55.7	56.1	101.0
	50.0	80.7	83.8	104.0
	0	44.5	44.5	100.0
	2.5	47.0	44.9	95.0
3	5.0	49.5	53.4	107.0
	12.5	57.0	56.1	98.0
	25.0	69.5	69.7	100.0
	50.0	94.5	99.3	105.0

INFLUENCE OF SPECIMEN COLLECTION

Blood samples were collected from thirty patients. For each patient, 5 specimens were collected at the same time: in a tube with beads; in a dry glass tube; in a tube with separating gel; in a heparinized tube; and in an EDTA tube. Each sample collected was tested in duplicate and sera from the same donor were tested in the same run. The tube with beads was the reference to which the other methods were compared.

Collection tube	Equation of the line	Correlation coefficient
Dry glass tube	0.98 ref 0.11	0.99
Tube with separating gel	0.96 ref. + 0.02	0.99
Tube with heparin (lithium)	0.99 ref 0.37	0.99
Tube with EDTA*	0.67 ref 0.04	0.99

^{*}A decrease in values is observed with EDTA tubes. Do not use EDTA plasma with the VIDAS FSH (FSH) assay.

INTERFERENCE STUDIES

Heparin

Three pools of human sera were spiked with increasing quantities of heparin.

		Amount of heparin spiked (U/ml)				
		0	0.5	5	50	
FSH	Pool 1	4.5	4.3	4.4	4.2	
(mIU/mI)	Pool 2	47.5	46.5	47.2	46.8	
	Pool 3	96.0	89.0	91.0	89.0	

EDTA

Three pools of human sera were spiked with increasing quantities of EDTA.

		Amount of EDTA* spiked (mg/ml)				
		0	1	5	10	
FSH	Pool 1	4.5	4.6	1.5	0.6	
(mIU/mI)	Pool 2	47.5	49.0	15.6	5.8	
	Pool 3	96.0	97.0	29.0	11.4	

^{*}The presence of EDTA in the samples leads to a decrease in values. Only plasma collected with heparin can be used.

Hemoglobin

Three pools of human sera were spiked with increasing quantities of hemoglobin obtained from a lysate of human red blood cells.

			Amount of hemoglobin spiked (µmol/l)					
		0	15	30	60	150	210	300
FSH	Pool 1	4.11	4.22	4.35	4.40	4.37	4.63	4.09
(mIU/mI)	Pool 2	44.70	44.50	47.10	45.40	46.30	46.80	46.10
	Pool 3	82.50	84.00	85.30	85.00	82.40	87.10	87.70

Turbidity

Three pools of human sera were spiked with increasing quantities of a lipid solution.

			Amount of triglycerides spiked (mmol/l)				
		0	1.0	2.6	3.0	5.0	
FSH	Pool 1	4.15	4.30	4.47	4.52	4.47	
(mIU/mI)	Pool 2	50.50	44.60	45.80	49.30	47.60	
	Pool 3	88.10	85.90	81.20	83.70	85.60	
Appearance		Clear	Opalescent		Tur	Turbid	

Bilirubin

Three pools of human sera were spiked with increasing quantities of bilirubin.

		Amount of bilirubin spiked (μmol/l)						
		0	25.6	51.3	102.6	256	385	513
FSH	Pool 1	4.00	4.28	4.28	4.29	4.24	4.42	4.00
(mIU/mI)	Pool 2	42.80	42.20	45.70	41.60	39.30	42.10	42.70
	Pool 3	80.50	83.10	81.80	85.20	79.60	84.90	86.20

Although interference linked to the presence of hemoglobin, bilirubin or to turbidity has not been observed, using hemolyzed, icteric or lipemic samples is not recommended. If possible, collect a new specimen.

EXPECTED VALUES

The results are given in mIU/mI (2nd IRP 78/549). A study was performed at bioMerieux[®] (Marcy I' Etoile, France) using samples from a healthy population. The range of samples were taken from 51 healthy men, 55 menopausal women, and daily from 16 women during a normal menstrual cycle. For this study, the follicular phase has been defined as being the period between the 15th and 2nd day proceeding ovulation. Luteal phase has been defined as being the period after the 3rd to the 15th day following ovulation. The days of the cycle have been defined as starting at the day where the concentration of LH is the most elevated. The following values were found:

	N =	Mean (mIU/mI)	Range
- Men	51	3.9	1.7 - 12.0 mIU/ml
- Women			
- Ovulation (day 0)	16	10.2	6.3 - 24.0 mIU/ml
- Follicular phase			
- 1st half (day -15 to -9)	85	6.4	3.9 - 12.0 mIU/ml
- 2nd half (day -8 to -2)	118	5.2	2.9 - 9.0 mIU/mI
- Luteal phase (day +3 to day +15)	189	3.4	1.5 - 7.0 mIU/ml
- Menopausal women	55	64.1	17.0 -95.0 mIU/ml

It is recommended that each laboratory establish its own expected values on a well-defined population.

CORRELATION

One hundred eighty-three samples were tested using the VIDAS FSH (FSH) assay and a commercially available FSH EIA. A summary of the results is shown below.

# of Samples	<u>Slope</u>	<u>Intercept</u>	Correlation coefficient
183	0.986	-0.09	0.985

WASTE DISPOSAL

Dispose of used or unused reagents as well as any other contaminated disposable materials following procedures for infectious or potentially infectious products.

It is the responsibility of each laboratory to handle waste and effluents produced according to their nature and degree of hazardousness and to treat and dispose of them (or have them treated and disposed of) in accordance with any applicable regulations.

LITERATURE REFERENCES

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INDEX OF SYMBOLS

Symbol	Meaning
REF	Catalog number
IVD	In Vitro Diagnostic Medical Device
***	Manufacturer
1	Temperature limit
	Use by date
LOT	Batch code
Ţ i	Consult Instructions for Use
Σ	Contains sufficient for <n> tests</n>
	Date of manufacture

WARRANTY

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REVISION HISTORY

Change type categories:

N/A Not applicable (First publication)

Correction of documentation anomalies Correction

Technical change Addition, revision and/or removal of information related to the product Implementation of non-technical changes noticeable to the user Administrative

Note: Minor typographical, grammar, and formatting changes are not included in the

revision history.

Release date	Part Number	Change Type	Change Summary
2015/01	13701C	Administrative	INDEX OF SYMBOLS REVISION HISTORY
2015/01		Technical	KIT COMPOSITION (60 tests) WARNINGS AND PRECAUTIONS
2015/06	13701D	Technical	KIT COMPOSITION (60 tests) INSTRUCTIONS FOR USE

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